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MENTAL HEALTH CARE IN JAPAN



Dr. Yuko Kawanishi

**Wednesday, Oct. 23
7:00 p.m.**

Japanese mental health care is often a mystery both to observers abroad as well as to foreign residents in Japan. A common view in the West is that there is hardly any mental health care available in Japan equivalent to the quality found in other highly-developed nations. While there are certainly problems in mental health care in Japan, this superficial impression is not correct. In fact, significant improvements have been made, especially during the last fifty years. As we see continuing social problems such as the high suicide rate, mental health is becoming a critical public health issue in Japan. This lecture will explain current issues surrounding mental health care in Japan and will provide information as to how those who need it can seek help.

Dr. Yuko Kawanishi's work as a sociologist has focused on cross-cultural mental health issues. She is also a New York State-licensed Master Social Worker, specializing in mental health and psychotherapy. She holds a PhD. in Sociology from UCLA and a Masters in Social Work (specializing in clinical mental health) from the City University of New York, Hunter College and is the author of 3 books and numerous articles on responses to mental illness, clinical depression, and US-Japan comparative perspectives on issues of mental health.

Location: 5-7-12 Shinjuku, Shinjuku-ku, Tokyo, 1st Floor
See www.lcjapan.com/lectures for map; Tel: 03-3225-0425

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